

# Big Worle Newsletter



# BUMPER Summer 2018 Edition



**Big Worle Hub**  
www.bigworle.org.uk

Investing in our people, community and environment

Local Trust Big Local

YMCA  
www.ymca.org.uk  
Youth  
6pm - 8pm  
Claverton, Claverton Road,  
Bathmore BS22 6LN  
Sports, Cooking and Xbox.



**AVON  
FIRE & RESCUE**





## What's on @ Big Worle

### Mondays

09:30 - 13:00 Weekly CAB Drop in

18:00 - 20:00 YMCA Youth Drop-in

### Tuesdays

14:00—15:00 Movement to Music (at The Hub)

18:30 - 20:00 Big Worle Runners

### Wednesdays

09:00 - 12:00 Health Visitor Drop-in

14:00 - 16:00 Bingo (at St Clements Court)

19:00 - 21:00 Craft Club

### Thursdays

10:15 - 12:00 Coffee Morning

14:00 - 15:00 Health Walk

For more info visit our website, or follow us on Facebook or Twitter.



@BigWorle



[www.bigworle.org.uk](http://www.bigworle.org.uk)

BigWorle

Local Trust | Big Local

# Big Worle Newsletter

It's been a busy start to the summer at the Hub, our youth project with the YMCA has grown from strength to strength with over 35 young people



signed up, a new table tennis purchased and trips planned over the coming months. Our series of Wildlife walks and activities with Chris Sperring have proved really successful as have our Health Trainer

Drop-in sessions.

Our new Citizens Advice Drop-in sessions are going strong, as are our new fitness clubs such as Big Worle Runners. In addition to running, we offer Health Walks, Led cycle rides and Movement to Music. Watch this space too for new classes to be launched very soon. We are very pleased to be offering our Summer Play Scheme two mornings a week during the school holidays.

A date to keep free for your diary is Saturday 15th September.....its our Big Worle Open Day....a fun filled day for local residents and your chance to have your say!

We need YOU to get involved and let us know what else you would like to see happening here at Big Worle to make the area an even better place to live!

You can call us on **01934 708119**

or email us at [info@bigworle.org.uk](mailto:info@bigworle.org.uk) if you have any ideas, suggestions or if you want to find out how you could become involved.

Feel free to pop in anytime we are open for a coffee and chat!

**Denise Hunt**

**Big Worle Chair**

# Big Worle Open Day

We are excited that the plans for our Big Worle open day which will be held in and around the Big Worle Hub on Saturday 15th September are well underway.

We want residents to come along and get involved, and have a great time.

The day will provide a great opportunity for you to let us know what you would like us to be doing as we move on to the next phase of The Big Worle Project.

Activities this year include a BBQ, face painting, table tennis, street games, climbing wall and soft play for the little ones.

We hope to have all of our partner agencies present on the day, these include Citizens Advice, Westcountry Savings and Loans, the YMCA who run our Youth Club, North Somerset Health Trainers and the Becket Family Crew.

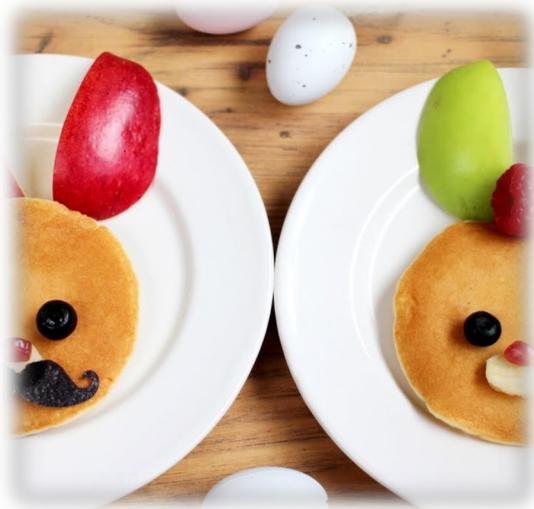
We are also expecting a visit from our friends at Avon Fire and Rescue Service and the Avon and Somerset Police.

The School Chef Steve will be giving a cooking demonstration focusing on healthy eating.

It's going to be a really fun day so make a date in your diary, we expect to be very busy so if you are able to volunteer to lend us a hand on the day, please get in touch.



## Big Worle Summer Play Scheme



Big Worle are working in partnership with the YMCA, The School Chef and Becket School to deliver a summer play scheme for children up to the age of 11 years old.

The play scheme will be on Tuesdays and Friday mornings from 09:00 until 13:00.

The day will start with a healthy breakfast then play which will be supervised by qualified play

Places are limited to 16 children, to qualify for a place on the scheme your family must live in the Big Worle area.

## New Classes Coming Soon...

Big Worle is working hard to bring you a variety of new classes. Keep an eye on our Facebook page for details of our new Parent and Child Yoga class and Street Dance class.



## YMCA Youth Drop-in Sessions



Since its launch in January, the Big Worle Youth Project continues to attract new members on a weekly basis.

Membership already exceeds 35 young people.

The Youth project is delivered in partnership with Somerset Coast YMCA and is led by the Senior Youth Worker Ali Waller.

The Youth Project runs on every Monday from 18:00 until 20:00 at the Big Worle Hub.

Ali and her amazing team of youth workers deliver a fantastic and varied programme of activities for local young people aged between 10 and 18 years old. See below for Ali's update.



The Worle Youth Project has gone from strength to strength since first starting in January. We provide a varied programme of activities – crafts, quizzes, group talks and small community projects that the young people have chosen themselves.

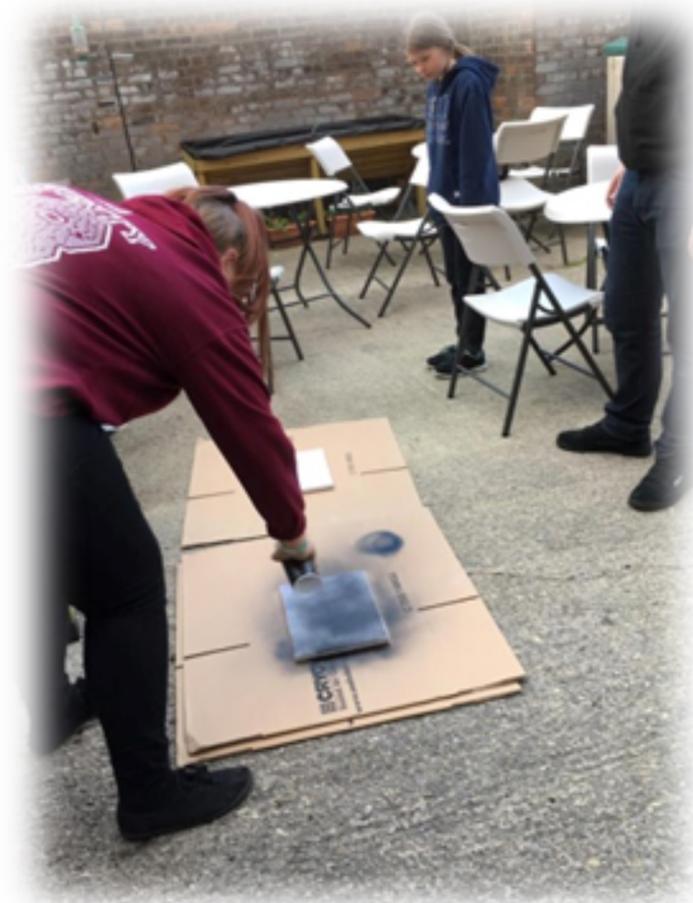
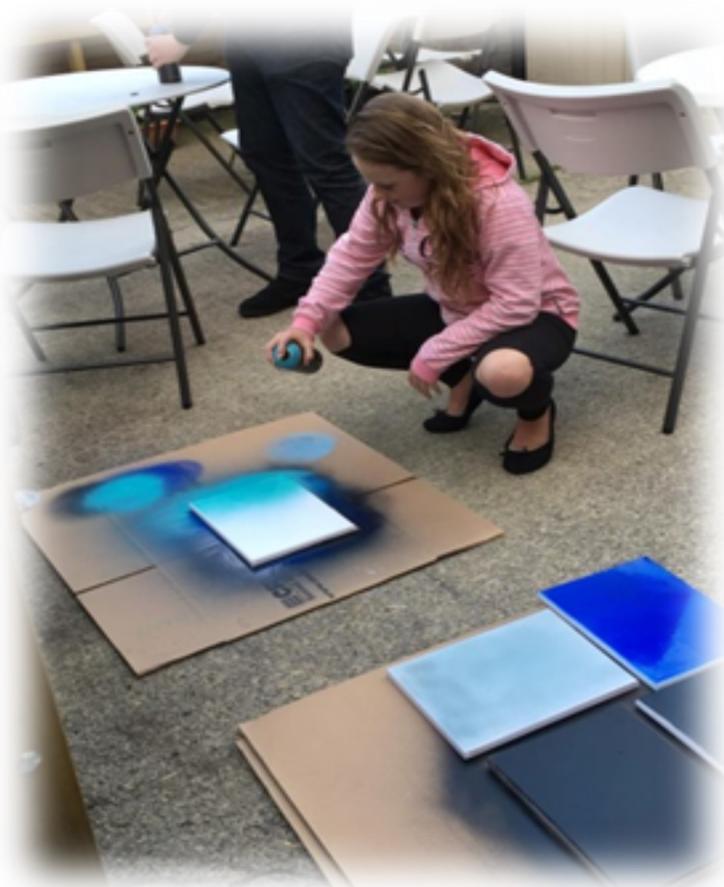


## YMCA Youth Project Sessions

Strong professional relationships between the young people and staff has proven to be the reason the Worle Youth Project has been so successful.

Young people feel safe talking to the YMCA staff and they listen to what the young people want.

One of our young people has started volunteering with us. She helps out with writing the programme and does the tuck shop.



She is attending an interview for an apprenticeship within the youth sector.

It has also been great having the backing of Keith and the committee to help us provides equipment to make the youth provision run smoothly.

If you are looking for a safe and friendly environment to meet up with friends old and new then why not come along on a Monday evening to see what is on offer.

# Big Worle Community Clean Up Day



Big Worle are looking to recruit volunteers who can help us with a monthly community clean up.



If you can spare just 2 - 3 hours a month at a time to be arranged we would be delighted to hear from you.



**For information call us on 01934 708119**

Or

Email us: [info@bigworle.org.uk](mailto:info@bigworle.org.uk)

## Citizens Advice Bureau Drop in

Big Worle now host a weekly CAB drop in at the Big Worle Hub on alternate Mondays.

If you need help advice or support with a difficult problem including debt, housing related matters, council tax or family issues, then pop in and see our advisor Tony in strict confidence every other Monday from 09:30 until 13:00.



CAB Drop in dates are advertised at the Big Worle Hub, on our website and social media pages.

You can also make an appointment by calling.

## Westcountry Savings and Loans



Big Worle are now able to help local people set up savings accounts and apply for loans with West Country Savings and Loans, formerly the North Somerset Credit Union.

We have three people trained by West Country Savings and Loans who can help with all aspects of setting up an account or applying for a loan.

For more information contact **Victoria Tucker** on **01934 708119**.

## Big Worle Runners

Big Worle have started a beginners running group who meet at the Big Worle Hub each Tuesday at 6.30pm.

The group are led by Kira Thorpe who is a Nationally Qualified Coach.



The course is aimed at those who want to either start running or get back into running, all ages are welcome.



Based on the Couch to 5k model the course will run for 9 weeks, at the end of which each participant should be ready to run 5k at their own pace.

We will be starting a new course every 9 weeks, so if you would like to start running with a friendly group of beginners then call **Victoria** on **01934 708119** and we will get you booked onto the next course which begins on **11 September** .

# Big Worle Walking Group

Every Thursday afternoon Big Worle walkers meet for an hours stroll around



Worle and outlying areas, often with some commentary on the vicinity. Most walks take place from, and end at, the Big Worle Hub, exploring the local area with its rich history. The first walk of each month we meet for an away day. Recent walks have taken us to the Cheddar Reservoir, Prince Consort

Gardens, Congresbury and Uphill. Walking, especially in a group, is recognised as preventative for a number of physical and mental health conditions. Cancer, heart conditions, diabetes and depression are examples of health problems that can be helped by social group walking. Some of our walkers use the walks to rehabilitate from operations, such as replacement hips and knees. Come along and joins us in a walk. Take a walk through history. Make friends, chat about life and put the world to rights.

All walks are one hour, on Thursdays at 2pm starting from The Big Worle Hub unless otherwise stated.

Summer 2018

23 August – The Scaurs (1)

30 August – HighStreet/Spring Hil (1+)

06 September – Meet Banwell Car Park (1)

13 September – The Campus (1)

20 September – Meet The Observatory (1+)

27 September – West Wick (1)

**Walk Ratings: (1) easy mainly flat road, footpath or town route (2)Some gentle slopes and uneven terrain**

# WESTON EAGLES

**The Weston Eagles had a successful winter, supporting many causes and projects in the town.**

They completed their 3rd homeless donation, in partnership with Somewhere To Go, which resulted in many homeless people being fed.

This coupled with the launch of the 'Weston Eagles Homelessness Fund', which will give the Eagles more resources to fundraise and support the homeless in Weston, only highlights the group's dedication to support this cause.

## WESTON EAGLES HOMELESSNESS FUND

They also welcomed Hercules the Eagle into the team as their group mascot - He recently attended a Big Worle Partnership meeting.

12 bags of litter were collected in just under two hours as the Eagles staged a litter pick around the Big Worle area. The team plan to stage many more litter picks over the year, so keep an eye on their Twitter feed, @WestonEagles.

The Eagles have also continued their successful relationship with EAT Festivals, becoming 'Showmakers' at both EAT Weston events.

They looked after the information booth and ran a family trail, with EAT donating to their homelessness fund in the process.

The Eagles Non-Profit Trust have also expanded in recent months, opening groups in Taunton and Bridgwater - They would like to thank the Big Worle for their continued support of the Weston branch.

## Movement to Music

Movement to Music A Movement to Music session is held at the Hub on Tuesday afternoons at 2pm, run by a qualified volunteer.

This is a safe, gentle chair based exercise session aimed to older provide residents with an activity designed to promote muscle development and flexibility in an enjoyable musical and sociable environment. Come along and join in.

Enjoy the music of various eras and genres. Have a chat and move to the beat.



## Big Worle Led Cycle Rides

Previous cycle rides have proved very popular. We were delighted to offer a further led ride on Thursday 23rd August.

Please call **Keith** or **Victoria** on **01934 708119** or send us a message via Facebook for more information on future rides.

All participants on every ride receive a "Better by Bike" goody bag.



## Wildlife Walks



Join Chris Sperring MBE on our monthly Wildlife Walks around the Worle area and experience all the unique changes that each season brings.

Remember to wear suitable clothing and footwear for the weather and bring your camera to capture stunning photos like the ones below!



For dates of forthcoming walks please contact Big Worle on 01934 708119 or look at our Facebook page.

## Happy Customer



We think you'll agree this is a fantastic photo! Its great to see that some of our younger Worle residents are making use of the bike repair stand. After being sent this photo we thought it would be really good to see more of your pictures in and around the Big Worle area.

When you are out and about capture those special moments and share them with us.

It would be brilliant to use your photos in forthcoming publications and future newsletters!

Every Quarter we will offer the winning photo a fab prize!

**Get snapping and lets share how great our local area is!**

## Charity Status

On November 28th 2017 Big Worle became a Charitable Incorporated Organisation (CIO) Charity Number 1175971

Staff are employed by the Charity and they are also seeking to become their own Locally Trusted Organisation (LTO) currently this responsibility is held by Alliance Homes.

The Charity will work on behalf of the Big Worle Partnership (local residents) who will retain overall responsibility for what projects are developed and how any money is spent.

The Big Worle Partnership meet on the first Tuesday of every month from 7.00pm at the Big Worle Hub

Big Worle Partnership are always looking for new people to get involved, so if you are interested in making our community a better place to live work and play then get in touch, we would love to see you.





## Working towards a Wonderful Worle

Big Worle Hub, 11 Feniton, Clovelly Road, Worle

BS22 6LN

The Big Worle Project is for everyone in the Big Worle area. We have been awarded money by the Big Lottery to help improve the area for all of our residents.

We want **YOU** to influence what we

do, so if you have an idea for something that would benefit people then let us know and we can work with you to help make it happen. Also, if you would like to run a regular event and are looking for a great space to use, then come along and see what we have to offer. Come along to our monthly meetings on the first Monday of the month at 7pm to let us know what you need to help improve the area you live in.



Find us on Facebook and Twitter, or visit our website [www.bigworle.org.uk](http://www.bigworle.org.uk)



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BigWorle



**Give us a ring on 01934 708119**



**Email: [info@bigworle.org.uk](mailto:info@bigworle.org.uk)**